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| **DofE EXPEDITION ROUTE CARD (use one per day)** | | | Centre name/logo: |
| **Team name:** Expedition People | **Day number:** 1 | **Day of week & Date**:            /     / |
| **Aim of expedition:** | | |

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| **Setting  out time:** | |  | **Names of team members:** | |  | | | |  | | | | |  |  | |
|  | | | |  | | | | |  |  | |
| **Leg no** | **Start of leg:**  **Grid Ref’ & place name** | | **End of leg check point:**  **Grid Ref’ & place name** | | | **Distance in km** | **Height**  **climbed**  **in m** | **Time allowed for travel** | | **Time for aim, rests or meals** | **Total time**  **for leg** | **Estimated time at end of leg** | **Brief details of route to be followed.** | | | **Escape to:** |
| 1 | From: GR 300 080  Lyndhurst Central Car Park | | To: GR 304 081  Boltons Bench Car Park | | | 0.64 | N/A | 12 | | 0 | 12 |  | Head N to high street, E along high street, south at B road into Open Moorland, enter car park | | | Retrace route to Lyndhurst |
| 2 | From: GR 304 081  Boltons Bench Car Park | | To: GR 315 077  Fork at end of Ridge | | | 1.18 | N/A | 22 | | 0 | 22 |  | Head SE to T junction | | | Beaulieu road B3056 |
| 3 | From: GR 315 077  Fork at end of Ridge | | To: GR 328 075  Minor Path Cross Roads | | | 1.48 | N/A | 30 | | 5mins | 35 |  | Turn left from T junction and Head E to Park dale then Head further E along path  until you get to T junction, Head S to T junction. | | | Beaulieu road B3056 |
| 4 | From: GR 328 075  Minor Path Cross Roads | | To: GR 338 079  Cross Roads 50m after trees | | | 1.24 | N/A | 25 | | 0 | 25 |  | Head E off path towards woods untill reaching other path Head SE until reaching woods Head E along path untill you get to next T junction then Head right to next T junction then head straight along path until reaching path heading SE. | | | campsite SW of Matley Heath |
| 5 | From: GR 338 079  Cross Roads 50m after trees | | To: GR 345 076  Cross Roads 50m before railway crossing | | | 0.9 | N/A | 20 | | 45mins | 65 |  | Head SE off of the past untill reaching kings passage follow kings passage untill reaching intersection at ford. | | | campsite SW of Matley Heath |
| 6 | From: GR 345 076  Cross Roads 50m before railway crossing | | To: GR 356 068  Path Junction on High Ground | | | 1.91 | N/A | 45 | | 10 | 55 |  | then take right turn then Head S to 2nd train bridge  ,Head due E past black down to 2nd intersection . | | | Beaulieu road train station south along train tracks |
| 7 | From: GR 356 068  Path Junction on High Ground | | To: GR 364 063  Car Park | | | 0.96 | N/A | 20 | | 0 | 20 |  | Head SE untill next T junction then take left turn and Head SE to Intersection | | | SW down black down  path to train station. |
| 8 | From: GR 364 063  Car Park | | To: GR 366 057  Ferny Crofts | | | 0.66 | N/A | 13 | | 0 | 13 |  | Head S untill meeting the road then Head due S on path other side of road untill reaching Ferny croft. | | | minor road |
| **Bronze: 6 hours, minimum 3 hours journeying.**  **Silver: 7 hours, minimum 3.5 hours journeying.**  **Gold: 8 hours, minimum 4 hours of journeying.** | | | | **Totals:** | | 8.97 | N/A | 187MINSS | | 60 MINS | 247 MINS | Finish time | **Team Supervisor’s name, location and Tel No:** | | | |

For expert kit advice, the DofE Kit Guide, the DofE Kit List and information about The DofE Reward Card discount visit [**www.DofEShopping.org**](http://www.DofEShopping.org) **Mar 2015**